

9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Summary

Weekly Summary



Totals

Duration:	1:44:43
Time Riding:	1:44:24
Distance(km):	39.87
Work(kJ):	864
Elevation Gain(meters):	252

Averages

